



Behavioral Health Resources- MLH Employees

- 988 National Suicide and Crisis hotline
- First Call EAP 800 382 2377 or www.firstcalleap.org 24/7 access. 5 free counseling visits with a DVACO provider, max savings copay per visit thereafter. All employees and members of their household eligible.
- Aetna® Behavioral Health *AbleTo* support-
 - Convenient eight-week program with counseling and coaching by video or phone
 - 1-844-330-3648
 - Monday – Friday from 9 a.m. – 8 p.m. ET
 - Standard savings copay applies
- Aetna Behavioral health team 1-800-424-4047
- AETNA Behavioral Health Tele Video – Inpathy - www.inpathy.com
- DVACO Care Coordination team – RN, Social work, health coaching support at no charge for Aetna MLH plan members. 610-225-6277 or carecoordrefer@dvco.org

Q - How do I locate an Aetna participating behavioral health provider?

A - You can locate an Aetna participating behavioral health provider by viewing our online provider directory, DocFind, on this website. You can also access the directory by going to www.Aetna.com and selecting DocFind. Simply key in the requested information: Zip, City, or County; Provider Category (Behavioral Health); the provider type you are seeking, and your plan type. You can also narrow your search by provider focus or specialty.

Q - If I have problems finding a participating behavioral health provider, what should I do?

A - If you have trouble finding a participating behavioral health provider, call Aetna Member Services at the toll-free number found on your ID card.