Aetna/CVS Pharmacy Clinical Policy Bulletins

CVS Health/Aetna updates
Pharmacy Clinical Policy Bulletins: Weight Loss Management - Wegovy

Plans: Aetna Non-Medicare Prescription Drug Plan

Subject: Wegovy PA Policy 4774-A 08-2021
(Refer to above link for complete guidelines on the Policy, Limitations of Use, and Coverage Criteria)

Policy highlights

**FDA-approved Indications**

Wegovy is indicated as an adjunct to a reduced calorie diet and increased physical activity for chronic weight management in adults with an initial body mass index (BMI) of:

- 30 kg/m² or greater (obesity), or
- 27 kg/m² or greater (overweight) in the presence of at least one weight-related comorbid condition (e.g., hypertension, type 2 diabetes mellitus, or dyslipidemia)

**Limitations of Use:**

- Wegovy contains semaglutide and should not be coadministered with other semaglutide-containing products or with any other GLP-1 receptor agonist.
- The safety and effectiveness of Wegovy in combination with other products intended for weight loss, including prescription drugs, over-the-counter drugs, and herbal preparations, have not been established.
- Wegovy has not been studied in patients with a history of pancreatitis.

Additional Pharmacy Policy and Formulary information can be found here: [https://www.aetna.com/health-care-professionals/pharmacy-services/pharmacy-management.html](https://www.aetna.com/health-care-professionals/pharmacy-services/pharmacy-management.html)

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CVS Health/Aetna updates
Pharmacy Clinical Policy Bulletins: Antidiabetic GLP-1 - Ozempic

Plans: Aetna Non-Medicare Prescription Drug Plan

Subject: GLP-1 Agonist Ozempic PA with Limit Policy 2439-C 08-2022 v2
(Refer to above link for complete guidelines on the Policy, Limitations of Use, and Coverage Criteria)

Policy highlights

**FDA-approved Indications**

Ozempic is indicated as:

- an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus.
- to reduce the risk of major adverse cardiovascular events (cardiovascular death, non-fatal myocardial infarction, or non-fatal stroke) in adults with type 2 diabetes mellitus and established cardiovascular disease.

**Limitations of Use:**

- Ozempic has not been studied in patients with a history of pancreatitis. Consider other antidiabetic therapies in patients with a history of pancreatitis.
- Ozempic is not indicated for use in patients with type 1 diabetes mellitus.

Additional Pharmacy Policy and Formulary information can be found here: [https://www.aetna.com/health-care-professionals/pharmacy-services/pharmacy-management.html](https://www.aetna.com/health-care-professionals/pharmacy-services/pharmacy-management.html)

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**CVS Health/Aetna updates**

**Pharmacy Clinical Policy Bulletins: Antidiabetic GLP-1, GIP-GLP-1 Agonist Limit Policy cont.**

*Plans: Aetna Non-Medicare Prescription Drug Plan*

**Subject: Antidiabetic GLP-1, GIP-GLP-1 Agonist Limit Policy 4525-H 08-2022 v2**
*(Refer to above link for complete guidelines on the Policy, Limitations of Use, and Coverage Criteria)*

**DRUG: GLUCAGON-LIKE PEPTIDE 1 (GLP-1) RECEPTOR AGONISTS AND GLUCOSE-DEPENDENT INSULINOTROPIC POLYPEPTIDE**

- **ADLYXIN** (lixisenatide)
- **BYDUREON** (exenatide extended-release)
- **BYDUREON BCISE** (exenatide extended-release)
- **BYETTA** (exenatide)
- **MOUNJARO®** (tirzepatide)
- **OZEMPIC** (semaglutide)
- **RYBELSUS** (semaglutide)
- **TRULICITY** (dulaglutide)
- **VICTOZA** (liraglutide)

*Additional Pharmacy Policy and Formulary information can be found here: [https://www.aetna.com/health-care-professionals/pharmacy-services/pharmacy-management.html](https://www.aetna.com/health-care-professionals/pharmacy-services/pharmacy-management.html)*

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